





ITEMS NEEDED FOR FORGOTTEN SOLDIERS OUTREACH "WE CARE" PACKAGES

Below is a list of items that we need on a regular basis to fill our packages. This list is subject to change.

You can also find items on our Amazon wish list and have them shipped directly to us https://www.amazon.com/hz/wishlist/ls/18B7ZCFLBPYYD?ref_=wl_share

We appreciate all the items that we receive; however, we cannot ship aerosol cans, pork products, tobacco, lewd/pornographic materials or alcohol. We do not accept hotel toiletries, canned food, boxes of pasta, cereal or expired and/or used items.

Toiletries/Hygiene **(TRAVEL SIZE)**

Baby Wipes	Baby/Foot Powder
Dental Floss	Tampons
Lip Balm/Chapstick	Mouthwash
Hand Lotion	Tissues (packets)
Shave Cream Packets	Sunscreen
Shampoo	Body Wash
Deodorant	Bar Soap
Razors	Q-tips
Toothbrushes	Toothpaste
Body Wash	Tissues

Additional Items

Crew Socks Insect Repellent Wipes Scotch Heavy Duty Packing Tape Foot Warmers Hand Warmers

Food Items

Trail Mix Sunflower Seeds Fruit Roll Ups Individual Crackers **Beef Jerky/Sticks Rice Krispies Treats** Microwave Popcorn **Bagged Popcorn** Candy/Gum Ramen Noodles **Breakfast Bars** Dried Fruit Snacks **Snack Bars** Individual Cookies Cup of Noodles Protein Bars Foil Tuna & Salmon Packets Individual Packed Drink Mixes Oatmeal/Grits Packages Microwavable Ravioli & Mac & Cheese Individual Packages Nuts or Dried Fruit Peanut Butter Cups (Jif to Go)

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