



ITEMS NEEDED FOR FORGOTTEN SOLDIERS OUTREACH “WE CARE” PACKAGES

Below is a list of items that we need on a regular basis to fill our packages.
This list is subject to change.

You can also find items on our Amazon wish list
and have them shipped directly to us

https://www.amazon.com/hz/wishlist/ls/18B7ZCFLBPYYD?ref_=wl_share

We appreciate all the items that we receive; however, we cannot ship aerosol cans, pork products, tobacco, lewd/pornographic materials or alcohol. We do not accept hotel toiletries, canned food, boxes of pasta, cereal or expired and/or used items.

Toiletries/Hygiene

**** (TRAVEL SIZE) ****

- | | |
|---------------------|-------------------|
| Baby Wipes | Baby/Foot Powder |
| Dental Floss | Tampons |
| Lip Balm/Chapstick | Mouthwash |
| Hand Lotion | Tissues (packets) |
| Shave Cream Packets | Sunscreen |
| Shampoo | Body Wash |
| Deodorant | Bar Soap |
| Razors | Q-tips |
| Toothbrushes | Toothpaste |
| Body Wash | Tissues |

Additional Items

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|--------------------------------|------------------------|
| Crew Socks | Insect Repellent Wipes |
| Scotch Heavy Duty Packing Tape | |
| Foot Warmers | |
| Hand Warmers | |

Food Items

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|---|----------------------|
| Trail Mix | Sunflower Seeds |
| Individual Crackers | Fruit Roll Ups |
| Beef Jerky/Sticks | Rice Krispies Treats |
| Microwave Popcorn | Bagged Popcorn |
| Ramen Noodles | Candy/Gum |
| Dried Fruit Snacks | Breakfast Bars |
| Individual Cookies | Snack Bars |
| Protein Bars | Cup of Noodles |
| Foil Tuna & Salmon Packets | |
| Individual Packed Drink Mixes | |
| Oatmeal/Grits Packages | |
| Microwavable Ravioli & Mac & Cheese | |
| Individual Packages Nuts or Dried Fruit | |
| Peanut Butter Cups (Jif to Go) | |
| Keto-Friendly Snacks | |

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